

# BUYING LOCAL 101

FINDING  
A FARMER



ETHICAL  
FARMING  
FUND  
EATWILD  
LOCAL  
HARVEST



TERMS TO  
LOOK  
FOR:

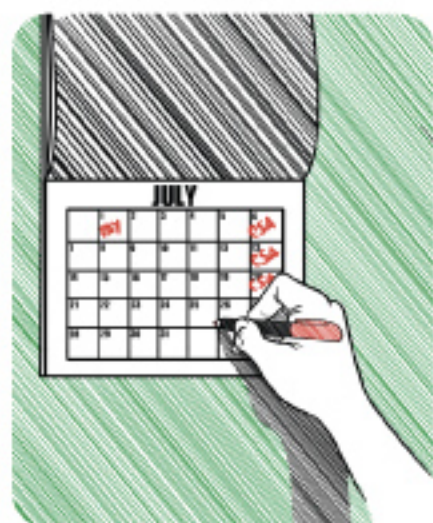
PASTURE  
RAISED  
CERTIFIED  
ORGANIC  
GRASS FED

FIND  
OUT:

ARE THE  
ANIMALS  
OUTSIDE?  
WHAT DO THE  
ANIMALS EAT?  
DO THE ANIMALS HAVE  
ALTERATIONS SUCH AS  
TRIMMED BEAKS OR DOCKED TAILS?

## BUYING DIRECT

**TIP:** MARK YOUR  
CALENDAR WITH A  
WEEKLY REMINDER TO  
GET INTO THE HABIT OF  
PLACING YOUR ORDER



BUYING CLUB OR ONLINE STORE

ORDER WHATEVER YOU WANT AND PICK IT UP WEEKLY  
OR BIWEEKLY AT A LOCATION BY YOUR HOUSE

FARMER'S MARKETS

HALVES & QUARTERS

SAVE A LOT OF MONEY PER POUND BY PURCHASING A HALF OR QUARTER OF AN  
ANIMAL, WHICH WILL ALREADY BE BUTCHERED, SEALED, AND FROZEN FOR YOU

C.S.A. (COMMUNITY  
SUPPORTED AGRICULTURE)

PAY AHEAD OF TIME (EITHER A DEPOSIT OR IN FULL) AND RECEIVE A SHARE  
OF THE FARM PRODUCTS EVERY WEEK, TWO WEEKS, OR MONTH



**TIP:** BUY DIRECTLY  
FROM THE FARMER TO  
AVOID GROCERY STORE  
MARK-UPS. BUY IN LARGE  
QUANTITIES TO STOCK UP

